Allergens for 2026 Menus

Dish	Celery	Cereals *containing gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soy	Sulphur Dioxide
French Onion Soup						✓	✓							
Glazed Sausages						✓			✓					
King Prawn Cocktail	✓		✓									✓		
Salt & Pepper Calamri			✓	✓				✓						
Goats Cheese & Beetroot Tart							✓							
Vegan Calamari														
Korean Cauliflower						✓						✓	✓	
Sautéed Wild Mushrooms														
Goan Prawn Curry	✓		✓									✓		
Crispy Pork Belly	✓						✓							✓
Gochujang Chicken	✓			✓		✓	✓					✓	✓	✓
Ribeye							✓							
Catch of the Day					✓	✓	✓							
Steak & Onion Pie	✓			✓		✓	✓							
Fish & Chips					✓	✓	✓		✓					
Honey Ham				✓					✓					
Lambs Liver							✓							
Korean Chicken Burger	✓			✓		✓	✓							
Beef Burger	✓					✓	✓							
Cumberland Sausage	✓					✓	✓							
Goats Cheese & Beetroot Salad							✓							
Crispy Chicken Salad				✓		✓	✓							
Ribeye Salad									✓					
Vegan Cottage Pie	✓													
Vish & Chips						✓								
Vegetable Goan Curry	✓											✓		
Vegan Burger						✓								
Crispy Chicken Strips				✓		✓	✓							
Fish Goujons					✓	✓								
Mini Burger	✓					✓	✓							
Mini Cumberland	✓					✓	✓							
Chunky Chips														
Garlic & Rosemary Chip														
Mashed Potatoes							✓							
Seasonal Vegetables														
King Prawns			✓				✓							
Onion Rings						✓								
Peppercorn Sauce							✓							
Gravy														
Chocolate Fudge Cake				✓		✓	✓						✓	
Sticky Toffee Pudding				✓		✓	✓							
Jam Sponge				✓		✓	✓							
Trillionaire Tart													✓	
Vanilla Ice Cream							✓							
Champagne Sorbet														
Custard				✓			✓							
Sunday Roast	✓			✓		✓	✓							
Vegan Sunday Roast	✓					✓								
Gluten-Free Roast	✓			✓			✓							